ONE PAGE: PHILOSOPHY

My convictions are rather simple.

We exist in a mathematical universe. Synonymous thoughts are: Consciousness is the process and interpretation of information; Everything is simply relationships that are being interpreted in various ways (depending on the creature); Everything is energy configured in a particular way to form our reality; We exist in some sort of a simulation.

There is no "love", "hate", or any other emotion in this abstract view of the universe. We understand "love" and "hate" because we are human, but they do not exist in the abstract—universally. It's interpretations will be different for other creatures. (Idea of "good and evil" existing by the definition that good= to exist/survive, bad= that which exterminates you, but I also acknowledge that good and evil are relative matters (what may be bad for you is good for the whole, or some unknowable reason)).

It's just relationships, and their evolution.

We do not know what, who, how or why we even exist. There can be imaginations of this: a creator assembled the mathematical relationships that form our universe, and perhaps a higher creator did something similar for our creator and this is infinite; perhaps we will evolve to a stage of progress where we end up re-creating our own universe—and we recreate (re-program our universe) ourselves over and over again; perhaps we are like a cell forming higher "sums of information" (think of many cells forming the higher unit of the human being—a higher consciousness); it could just be a ball of light/energy and every possible configuration within and of the energy is every possible outcome of the universe—in which we perceive one, and are exactly a part of that ball.

Its fun to imagine these things, but it is a little pointless to get your head wrapped too much in these thoughts. Its possible we—as individuals—will never know.

But it doesn't matter. What matters is to accept the first (bolded) statement—which is nothing more than what comes from scientific observation and personal knowledge and experience. If you don't take the first statement as truth, you have not done enough math to realize this.

Once you do realize this fact—you are free to choose your reality.

This is true because you understand that everything follows a chain of logic somewhere along the way. And you can do, to whatever degree of freedom you were given (being human, and as the specific human that you are), whatever you want. And you're happy that you understand this. I find that this awareness is what it means to be **enlightened**. You no longer float along the path of random events—"wherever the wind takes you"—but rather you position yourself in a particular way so that the right wind will carry you to whatever direction you would like to go.

In search for <u>fundamental... universal... truths</u>, I came to realize that many of my conclusions are those that the Buddhist would make (at least to my interpretation).

So my discussion on Buddhism are valid not because I am a Buddhist or studied Buddhism, but rather because if a religion is correct in its truths, then a non-member of the religion would come to same conclusion without having needed to explicitly learn or study or even know of the religion.

Such is how I feel about Buddhism. Many of their beliefs are in-line with the conclusions I draw from studying physics and mathematics, from my experiences with psychedelic drugs, from sensory experience in general, and from other people, philosophers and experiences.

Topics in Buddhism: delicacy of senses; being in a peaceful state of mind—absent of happiness or sadness—just being, karma/cause-and-effect—consequences to every action; being in the moment—conscious of every thought and action you may have; doing good, because you realize doing bad is very ugly.

And these conclusions guide my religion—how and what I think, how I choose to live life, what is my morality—i.e. what I believe to be right and to be wrong etc.

Very simple really.